



Grassroots power that works for Oregon women & families.

Participant Liability and Photography Waiver for Run Mama Run

I know that running or walking a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road and all such risks being known and appreciated by me.

Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Family Forward Action Fund, the city of Portland, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

I also grant permission to all of the foregoing to use photographs, motion pictures, recordings or any other record of myself and/or any of my minor children during this event for any legitimate purpose

Printed Name: _____

Signature: _____ Date: _____

Names of Minor Children participating:
